



We are searching for student athletes who are facing adversity in their lives and could use a helping hand through a 1:1 mentoring program. LIFT 4:10, a non-profit organization, matches-up young student-athletes with experienced coaches/mentors to help the participants develop strong character, make wise life choices, strive for excellence in the classroom and on the playing field; as well as move forward in their faith journey with a heart for serving others.

Our target student-athlete is a young person between the ages of 12 and 17 who has a passion for improving their fundamental skills in a particular sport and an even deeper drive and determination for improving their life. Please provide your thoughts below to help us determine if this applicant is a good candidate for the LIFT 4:10 program.

Your Name: _____

Your Phone #: _____ Your Email Address: _____

Name of LIFT 4:10 Applicant: _____

How long you have known the applicant above? In what capacity do you know the applicant?

Why do you think the applicant would be a good fit for the LIFT 4:10 mentoring program?

Do you have any reservations with this applicant participating in the LIFT 4:10 program? If so, please explain.

What additional feedback on the applicant would you like to pass along?

Please scan and email your completed LIFT 4:10 Recommendation Form to coachsharp@aol.com